

Result: JW19

		Time	Gap
1.	45 Lauren BATES (Canberra CC)	33:03.69	
2.	46 Anna DUBIER (Lidcombe Auburn CC)	36:16.00	+3:12.31
3.	48 Miriam SINNERBRINK (Southern Cross CC)	36:25.46	+3:21.77
4.	44 Ash WATTS (Canberra CC)	37:03.26	+3:59.57
5.	43 Charlotte LOVETT (Bathurst CC)	37:12.33	+4:08.64
6.	49 Caitlin ROSE (Newcastle Hunter CC)	38:22.15	+5:18.46

- Number of starters: 6

Result: JM19

		Time	Gap
1.	39 Lindon MILOSTIC (Penrith CC)	30:11.82	
2.	36 Jacob STEEP (Manning Valley CC)	30:43.00	+31.18
3.	38 Cameron HARRISON (Nowra Velo Club)	31:30.64	+1:18.82

dns 33 Hayden STEVENS (Canberra CC)
dns 42 Titus MADELEY (Wagga Wagga CC)

- Number of starters: 3

Result: W23

		Time	Gap
1.	14 Kristie CAPLIKAS (Marconi CC)	37:22.53	

- Number of starters: 1

Result: ELITEW

		Time	Gap
1.	1 Amanda POULSEN (Manly Warringah CC)	33:48.79	
2.	5 Kim PEDERSEN (Canberra CC)	34:49.17	+1:00.37

dns 6 Tania LAUNDER (Jindabyne CC)
dns 233 Peta BRILL (Vikings CC)

- Number of starters: 2

Date: 10th August 2024

Gunning

Result: M23

		Time	Gap
1.	66 William COOPER (St George CC)	1h01:36.75	
2.	57 Tom TUDOR (Newcastle Hunter CC)	1h08:41.10	+7:04.34
dns	55 Aiden SINCLAIR (Newcastle Hunter CC)		

- Number of starters: 2

Result: ELITEM

		Time	Gap
1.	27 Ben DYBALL (Penrith CC)	1h02:47.23	
2.	141 Chris LING (Dulwich Hill BC)	1h05:24.95	+2:37.72
3.	32 Kyle SHIPTON (Port Macquarie CC)	1h08:23.38	+5:36.15
4.	31 Peter MILOSTIC (Penrith CC)	1h11:19.37	+8:32.14
5.	24 Theodore BULLOCK (Newcastle Hunter CC)	1h15:20.11	+12:32.88

- Number of starters: 5