

Standings

			Time	Gap
1.	13 Mark CROONEN	M50-54	34:27.96	
2.	12 James MURPHY	M55-59	35:11.20	+43.23
3.	14 Peter GWYNNE	M50-54	35:42.10	+1:14.13
4.	15 Nicholas MILLER	M50-54	35:45.94	+1:17.97
5.	10 Bradley HORN	M55-59	36:33.49	+2:05.52
6.	18 Matt HASWELL	M19-34	37:04.51	+2:36.54
7.	6 Barry DICKSON	M60-64	37:29.98	+3:02.02
8.	9 Bill BLACKMORE	M55-59	38:02.15	+3:34.19
9.	4 Richard JUSTICE	M65-69	38:17.14	+3:49.17
10.	5 Peter RITCHIE	M65-69	39:05.32	+4:37.35
11.	16 Andrew PRATT	M45-49	39:24.88	+4:56.92
12.	2 Anne ELLIOTT	F50-54	39:59.69	+5:31.72
13.	3 Katie BANERJEE	F45-49	40:55.43	+6:27.46
14.	1 Kirstin LEECH	F50-54	42:12.28	+7:44.31
15.	11 Roberta SALVATORI	F55-59	43:04.07	+8:36.10
16.	7 Dennis WARD	M55-59	43:49.96	+9:21.99

- Average speed of the leader: 43.35 km/h
- Number of starters: 18